

Faculty of Health  
Department of Psychology  
**PSYC 1010 6.0 Section I**  
INTRODUCTION TO PSYCHOLOGY  
2018

**Course Prerequisite(s):** None

**Course Credit Exclusions**

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

**TIME:** Mondays and Wednesday 8:30-11:30

**CLASSROOM:** CFA 312 (F section Lass A)

**COURSE DIRECTOR:** Gerry Goldberg, Ph.D., C. Psych. (email: [gegold@yorku.ca](mailto:gegold@yorku.ca))

**OFFICE HOURS:** **By appointment before class.** Contact through email to secure appointment or to ask questions.

Office: Behavioural Science Building (BSB): Room 277

**UG PSYC OFFICE:** 291 BSB, Email: [psyc@yorku.ca](mailto:psyc@yorku.ca), Phone: 416 736 5117.

**REQUIRED TEXT:** Weiten, W. & McCann, D. (2018). Psychology: Themes and Variations (5<sup>th</sup> Canadian Edition). Toronto, Canada: Nelson Education ISBN 13: 9780176869380

The Textbook package I have ordered for the course includes the textbook, Concept Charts (an ideal tool for studying), plus MindTap (an Online Homework and Studying Solution that many students have found useful for lecture and exam preparation). You can access and register for your Mindtap account here:

**Course Link URL:** <https://login.nelsonbrain.com/course/MTPQ52GPD9CQ>

**Course Key:** MTPQ-52GP-D9CQ

### **TESTS/Evaluation:**

- Student evaluation is based on two components. 4 exams constitute 96% of your final grade.
- Four percent of your grade comes from your participation in the URPP (Undergraduate Research Participant Program) research opportunities. The URPP coordinator will visit our class in the first few weeks of the course to describe the URPP program and your participation in it. All Introductory psychology students can receive 4% for participating in 6 hours of research run by the URPP. The 4% is added on to your exam grades to give you a final grade out of 100%. You can contact them at [urpp@yorku.ca](mailto:urpp@yorku.ca). If you have any concerns regarding URPP points or participation, email them, not your instructor or TA.

**URPP or Research Participation:** Will be discussed at first class. This will be 4% of the course grade.

### **Tests**

- **Students must present their York student ID card or a government (Can.) issued pictured ID. Students will not be permitted to write without such documentation.**
- There are four exams in total each of different weight. You will have up to 2 hours per exam.
- Exams are **non-cumulative** and each cover roughly four chapters + class material.
- The 4<sup>th</sup> and final exam will take place during the final official exam period
- All questions will be drawn from the text, lectures and media presentations.
- Each exam will consist of approximately 75 multiple choice questions (= 80%) and a series of short answer and/or essay questions (= 20%). **NOTE:** You will select 3 of 5 essay options.

- The multiple-choice answer sheets need be marked in pencil, so students should make sure they have an adequate supply of pencils with erasers.

**Test 1:** Sept 26 (20%) Chapters 1-4, Appendix B, plus Lectures 1-4 **only** including media

**Test 2:** Oct 22 (20%) Chapters 5-8 plus lectures 5, 6, 8-11 including media

**Test 3:** Nov 14 (28%) Chapters 10-13 plus lectures/media following Test 2 to present.

**Test 4:** (exam period) (28%) Chapters 9,14-16 plus lectures/media following Test 3 to end.

**SHOULD WEATHER OR OTHER PROBLEMS MAKE IT IMPOSSIBLE TO HOLD TESTS ON THE DATE SCHEDULED, THEY WILL BE HELD THE NEXT LECTURE PERIOD**

## Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, theories and assumptions in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

## COURSE FORMAT

This course will be conducted in a lecture format with films and occasional in class demonstrations. The lectures will discuss and expand upon text readings. The first lectures will follow the text fairly closely but as the course progresses the lectures will deviate from the text. **Although not all text material will be discussed directly in class you are responsible for the material for test purposes. Some of the lectures will discuss material not available in the text. Again, you are responsible for this material as well as films shown in class. If you miss a class, try to borrow notes from a classmate.**

**When studying for tests, do not study just from the text or just from the lecture notes.** Films and videos will be shown from time to time and general questions derived from this material may appear on tests. Periodically, research demonstrations and experiments will be conducted in class. These are generally designed to illustrate important concepts or to give experience in participating in a subject role in research. Although direct participation is voluntary, it is encouraged and the results of any such exercise will be discussed in class where relevant and questions based on this material may appear on tests. If in doubt as to the material to be examined on tests, please ask the TA or Dr. Goldberg.

### Course website: Moodle

**(Posting of Grades, updates, PowerPoint slides, and other important information)**

The Moodle course site has important information about the course (including a copy of this course outline with updates) and most of the lecture slides in PowerPoint format. These slides are not a substitute for attending lectures and taking notes. The grades will also be posted on this site. New information concerning the course, such as make-up exam information (date, time and room) will be posted.

**It is your responsibility to check the Moodle site for this course frequently for updates.**

Go to: <http://moodle.yorku.ca/index.htm> to learn how to access and use Moodle

### Fall 2018

	DATE	TENTATIVE SCHEDULE OF TOPICS	TEXT READING
1.	Sep 5	Introduction	Ch. 1
2.	Sep 10	Research Methods	Ch. 2
3.	Sep 12	Biological Basis of Behaviour	Ch. 3
4.	Sep 17	Sensation and Perception (Oct 9 is Thanksgiving and there will be no class)	Ch. 4

5.	Sep 19	Variations in Consciousness	Ch. 5
6.	Sep 24	Variations in Consciousness	Ch. 5
7.	Sep 26	<b>Test 1: Chapters 1-4, appendix B and lectures 1-4 including media</b> (Note: You will be responsible for Lect. 5 and 6 and Ch.5 on the 2nd midterm only)	
8.	Oct 1	Learning	Ch 6
9.	Oct 3	Human Memory	Ch. 7
	Oct 8, 10	Reading Week.	
10.	Oct 15	Language and Thought	Ch. 8
11.	Oct 17	Language and Thought	Ch. 8
12.	Oct 22	<b>Test 2: Chapters 5-8 plus lectures 5 to 11 inclusive (and media)</b>	
13.	Oct 24	Motivation and Emotion	Ch. 10
14.	Oct 29	Motivation and Emotion	Ch.11
15.	Oct 31	Human Development	Ch 11
16.	Nov 5	Personality	Ch. 12
17.	Nov 7	Social Psychology	Ch. 13
18.	Nov 12	Social Psychology	Ch. 13
19.	Nov 14	<b>Test 3: Chapters 10-13 plus lectures/media from after Test 2 on to present</b>	
20.	Nov 19	Stress & Health	Ch. 14
21.	Nov 21	Stress & Health	Ch. 14
22.	Nov 26	Psychological Disorders	Ch. 15
23.	Nov 28	Treatment of Psychological Disorders	Ch. 16
24.	Dec 3	Intelligence, Testing and Ind/Organizational Psych	Ch. 9
	Exam Period	<b>Test 4: Chapters 9, 14 –16, plus lectures/media from Test 3 on to end</b>	

**SEE MOODLE SITE FOR UPDATES**

<b>TEACHING ASSISTANTS</b>			
SURNAME, FIRST NAME	EMAIL	Office Number	Office Hours*
TBA	TBA	TBA	TBA

**\*Office hours are by appointment. Contact TA by email to secure an appointment or to ask questions. The office hour indicated is a time in which the TA is available.**

**Updated contact information, room location(s) and office hours of the Teaching Assistants will be posted on the Moodle website.** If there is more than one TA for the course, students will be assigned to a specific Teaching Assistant alphabetically by the student's last name. Check the website about two weeks into the course to find out who is your assigned TA. When a course enrolment is large, it's important that each student have someone who is familiar with him or her and their grades etc. If you have trouble meeting during your TA office hours because conflict, simply contact them about this. If there are other TAs for this course, they will arrange to transfer you to another TA whose hours you can make.

Each of the TA's will be available each week for consultation regarding text readings, exams, grades, study habits, etc. If you are having trouble with the course, visit the TA's. The TA's also will be happy to talk with you about improving your study habits and about graduate school in psychology and careers in psychology.

## **Reviewing Tests with your TA**

**Students are encouraged to review their tests with their TA (see chart).** Once graded, the TAs will be available during office hours to review these with you. The TAs will keep the written tests in order that

students may examine their tests and receive feedback regarding how students are doing and how to do better. **Tests may not be removed from the office nor copies made.**

### **START YOUR OWN STUDY TEAM**

It has been said that students learn most from communicating with each other. When students get together to help each other understand material they relate to and remember the material. I encourage you to form your own study teams. The course website or Moodle site is set up so that students may communicate among themselves using the class discussion forum link. This forum provides a means of communicating with your classmates in between classes. All of you have the opportunity to invite others to join them at a specified time and place to form teams. For example, you might select one of the following as a meeting time: immediately after class, one hour before class, Monday to Friday during the day, Monday to Friday during the evening, Weekend, etc. You would also suggest some meeting location. The specific location might be a reserved room in the library Here is the URL for booking rooms in the library (<http://www.library.yorku.ca/cms/learning-commons/study-rooms/>). If you are unable to do this, consider other locations in the library, various gathering places such as within the Student Centre or other safe and comfortable places on or off campus. While meeting on campus seems to be more effective, you might find that what works better for you is meeting people in a coffee shop, library, community centre. Make sure it is a safe location. **Get started right away. Take a leadership role and send out an email invite to your fellow students.**

### **Missed Tests**

Missing exam is considered a very serious matter. Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (Attending Physician Statement, which can be found at: may request accommodation from the Course Instructor. Further extensions or accommodation will require students to submit a formal petition to the Faculty. Please remember that in the absence of a legitimate reason for missing a test, the student will be given a 0. Only medical circumstances or compassionate grounds are valid reason for missing an exam. If you miss a test, you will be given only one opportunity to make up this test. If you miss a makeup test, there will be no other opportunity to make up the grade for the test. If you miss the test(s) prior to the drop date, regardless of their reason, that **you have waived the right to have a specific percentage of graded feedback available to them prior to the drop date**

### **For any missed tests or late assignments, students MUST**

1. contact your TA within 48 hours of the exam and provide the following information: Your name, your student number, course, and section, and Email and phone number at which you can be reached and the best time to call you back. If you cannot contact your TA within this 48-hour period, subsequent documentation accounting for the delay must be provided.
2. complete the missed test document that can be downloaded from the moodle site. Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the test/assignment
3. attach appropriate documentation verifying the circumstances for the missed exam must be provided. Failure to provide appropriate documentation will result in a grade of 0 on the missed exam. **(Attending Physician Statement which can be found at: <http://myacademicrecord.students.yorku.ca/pdf/attending-physicians-statement.pdf> (you may also download this from the moodle site). This must be completed by a health care professional **registered with the Province of Ontario**. This excludes such practitioners as those offering Chinese Medicine.**
4. **Staple** the two forms stapled together with the missed test document on top.
5. **Submit these two completed documents to Dr. Goldberg's mailbox in BSB 101**

Psychology Department's policies on missing an exam (available at [http://www.yorku.ca/health/psyc/advising\\_missedtests.html](http://www.yorku.ca/health/psyc/advising_missedtests.html))

### **What is appropriate documentation?**

**Medical circumstances:** An Attending Physician's Statement or Statement by a Psychologist or Counsellor that must include:

- Full name, mailing address, and telephone number of the physician
- Statement of the nature of the illness and its duration (i.e. specific dates covered)
- An indication of whether the illness and/or medication prescribed would have *seriously* affected the student's ability to perform over the period in question.

**Note:** A MD's note is not sufficient you must submit an APS. Alternative medical practitioners such as those practicing Chinese Medicine will not be accepted. The physician's office may be contacted to verify that the physician completed the form.

**Other Extreme circumstances** (e.g. death of a family member): a photocopy of the death certificate or other documentation, agreed to by Dr. Goldberg, which will be on proper letterhead from a recognized institution.

## Makeup Tests

- Permission to write a makeup exam is given at the discretion of the Course Director. Appeals must be made to the Faculty.
- Makeup exams will cover the same content as the missed exam but may or may not follow the format of the original exam.
- **It is your responsibility to confirm the date, time and location of the makeup exam with the Course Director. It will be posted on the Moodle site.**

## Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests\* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - [Grading Scheme for 2018-19](#))

## Continuing Study in Psychology

Students must obtain a **minimum grade of C (4.0) this course** in order to be permitted to pursue a degree in Psychology or to take any further course work in psychology even if they do not plan to major in Psychology. This regulation applies to students wishing to take Psychology courses in most faculties.

For a list of all important dates please refer to: [Fall/Winter 2018-19 - Important Dates](#)

	<b>FALL (F)</b>	<b>YEAR (Y)</b>	<b>WINTER (W)</b>
Last date to add a course <b>without permission</b> of instructor (also see Financial Deadlines)	Sept. 18	Sept. 18	Jan. 16
Last date to add a course <b>with permission</b> of instructor (also see Financial Deadlines)	Oct. 2	Oct. 23	Jan. 30
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 9	Feb. 8	March 8
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 10 - Dec. 4	Feb. 9 - Apr. 3	March 9 - Apr. 3

**\*Note:** You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as "W". The withdrawal will not affect your grade point average or count towards the credits required for your degree

## Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review information posted to the SPARK Academic Integrity modules. These modules explain principles of academic honesty, provide examples and list preventative measures.

## Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

## Electronic Devices During a Test/Examination:

Electronic mobile devices of any kind are not allowed during a test or examination. Students are required to turn off and secure any electronic mobile device in their bag which is to be placed under the chair while a test/exam is in progress. Any student observed with an electronic device during a test/exam may be reported to the Undergraduate Office for a potential breach of Academic Honesty.

## Religious Observance Accommodation:

York University is committed to respecting the religious beliefs and practices of all members of the community, and making accommodations for observances of special significance to adherents. Should any of the dates specified in this syllabus for an in-class test or examination pose such a conflict to you, contact the Course Director within the first three weeks of class. Please note that to arrange an alternative date or time for an examination scheduled in the formal examination periods (December and April/May), students must complete an Examination Accommodation Form, which can be obtained from Student Client Services, Student Services Centre, or online at [http://www.registrar.yorku.ca/pdf/exam\\_accommodation.pdf](http://www.registrar.yorku.ca/pdf/exam_accommodation.pdf)

## Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The [York University Accessibility Hub](#) is your online stop for accessibility on campus. The [Accessibility Hub](#) provides tools, assistance and resources. Policy Statement.

Policy: York University shall make reasonable and appropriate accommodations and adaptations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs.

The nature and extent of accommodations shall be consistent with and supportive of the integrity of the curriculum and of the academic standards of programs or courses. Provided that students have given sufficient notice about their accommodation needs, instructors shall take reasonable steps to accommodate these needs in a manner consistent with the guidelines established hereunder. For Further Information please refer to: [York university academic accommodation for students with disabilities policy](#)

## Course Materials Copyright Information

These course materials are designed for use as part of the Psych 1010I course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

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